THE RETREAT AT NGORONGORO

# The Oasis Spa

Unwind, Relax and Revitalize with us!





## FACIAL

**60 Mins - $80**

Classical facial massage with products using natural herbs suitable for all skin types.

For you, we will wash, exfoliate, mask and massage your neck, shoulders and head so you relax and enjoy.

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## NAILS

**Manicure - $35**
**Pedicure - $35**
**Revarnish or Mini manicure - $15**



# BODY TREATMENTS

| TREATMENT | DURATION | PRICE |
|---|---|---|
| **Maasai Massage**<br>A relaxing Massage to bring about an overall feeling of wellness. | 60 Mins | $80 |
| **Sports Massage**<br>A deep tissue massage therapy with application of more pressure targeting muscle layers. | 60 Mins | $90 |
| **Hot Stone Massage**<br>Massage heat therapy using hot stones to relax muscles. | 90 Mins | $130 |
| **Head, Back, Neck Massage**<br>Focusing on the upper body relieving tension in the back & shoulder area. | 60 Mins | $80 |
| **Aromatherapy Massage**<br>Use of essential oils extracted from herbs, flower extracts to naturally enhance the benefits of massage. | 60 Mins | $80 |
| **Reflexology + Head Massage**<br>A calming combination designed to ease tension, promote relaxation and leave you feeling refreshed. | 60 Mins | $110 |
| **Foot Massage**<br>Relaxing foot massage for tired swollen or problematic feet. | 30 Mins | $50 |



# Ready to unwind?

Book your treatment at The Oasis Spa.

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**The Retreat at Ngorongoro; Karatu, Tanzania**

*Scan me to our Whatsapp*